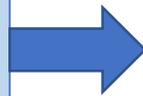


Creating a RAT Assessment

INSTRUCTIONS:

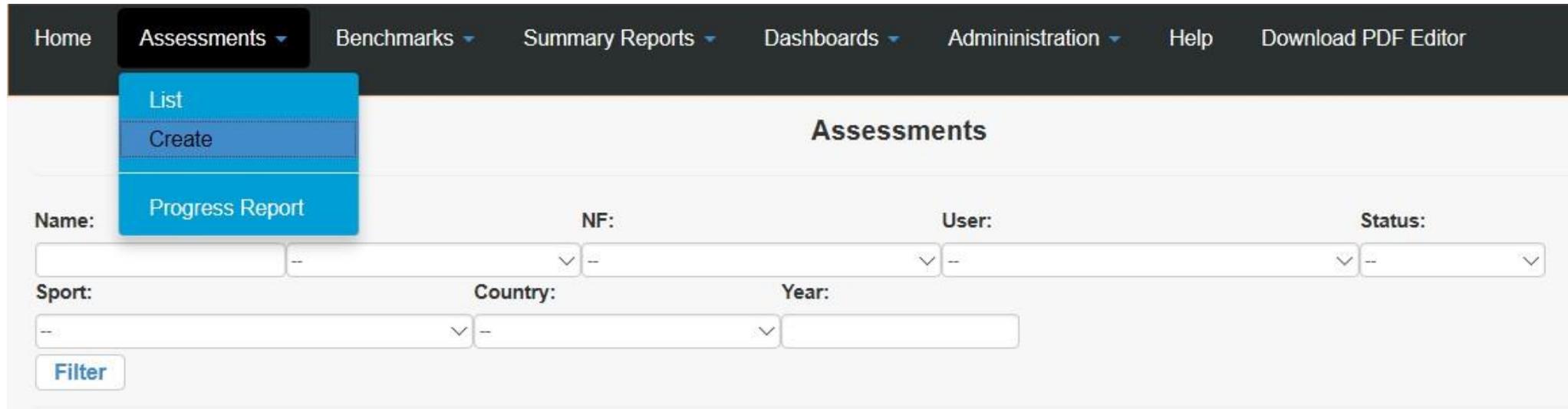
1. Visit the website <http://www.onocrat.com/users/welcome> or type in ONOC RAT into your web browser
2. Login to access the ONOCRAT site – *user credentials can be obtained/reset via the PNGOC if you have forgotten or require login credentials*
3. Create an **Assessment for your Sport** for the current year – refer to instructions on how to create an assessment on the next page

Note: If you are having issues saving, clicking next or getting a drop down list, try a different web browser such as Safari/Google Chrome



How to create your NFs RAT Assessment- INSTRUCTIONS

1. In the login screen – click **Assessment** from the global menu



The screenshot shows the top navigation bar with the following items: Home, Assessments (selected), Benchmarks, Summary Reports, Dashboards, Administration, Help, and Download PDF Editor. A dropdown menu is open under 'Assessments', showing 'List', 'Create' (highlighted), and 'Progress Report'. Below the menu is the 'Assessments' section with a form. The form has the following fields: Name: (text input), NF: (dropdown), User: (dropdown), Status: (dropdown), Sport: (dropdown), Country: (dropdown), and Year: (text input). A 'Filter' button is located at the bottom left of the form.

2. From the drop down list select “**Create**”

You will be taken to a separate page to create the National Federation RAT for submission.



How to create your NFs RAT Assessment- INSTRUCTIONS

Name

NF

RAT

3. Under Name -Type in the name of your **National Federation** followed by **2019 RAT**
e.g. **PNG Powerlifting 2019 RAT**
4. Under NF - Select your National Federation from the drop down list
5. Under RAT - Select National Federation RAT and then click **Submit**

How to create your NFs RAT Assessment- INSTRUCTIONS

RESULT - You will have then successfully created an RAT Assessment for your National Federation as shown in the example below

PNG Powerlifting 2019-08-05

Rat: National Federation RAT

Below you will see the main 'pillars' or sections of the assessment. Each one contains elements relating to your organisation.

Each element has a level of progress and criteria that your organisation needs to meet in order to be at that level.

Carefully read each element and it's associated levels and criteria and select an option that accurately reflects the current state of your organisation.

Tip Hover over each option to see the criteria for that option.

- Governance
- Management
- Sport Activity
- Communication
- Finance
- Physical Resources
- Human Resources
- Values

Save Verified:

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Creating a RAT Assessment

INSTRUCTIONS:

6. Go through each of the eight pillars and highlight/answer the questions relevant to your National Federations current performance
7. Save your assessment at the completion of your review

Note: If you are having issues saving, clicking next or getting a drop down list, try a different web browser such as Safari/Google Chrome

