**TEAM PNG HERO APPLICATION**

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| **Name of Athlete:** | **Sport:** |
| **Date of Birth:** | **Gender (M/F):** |
| **Postal Address:** | **Home Address:** |
| **Phone number:** | **Email address:** |

**Briefly describe your sporting history, indicating the times you have represented PNG and the highest level of achievement.**

**Do you have any experience in presenting to an audience? If so, please state.**

**Describe the personal goals you have set for the next five years.**

**From a rating of 1-3, please rate the following possible skills that are of importance and that you want to learn more about.** *(1- not at all important,*

*2- somewhat important, 3- very important)*

|  |  |
| --- | --- |
| **Topic** | **Rating *(Please circle)*** |
| Time Management | 1 2 3  |
| Public Speaking | 1 2 3  |
| Media Interviews | 1 2 3  |
| CV Writing | 1 2 3  |
| Networking | 1 2 3  |
| Letter writing | 1 2 3  |
| Sponsorship Proposal | 1 2 3  |
| Social Media (the good and the bad) | 1 2 3  |

**Please indicate what topic interests you.**

Olympic Values Environment (Love Your Coast)

Gender Equality Non-Violence

Sustainable Development Goals Anti-Doping Other

**To be a TEAM PNG HERO you will be required to participate for the full five days of training. The training is scheduled on November 16th-20th 2020. Daily sessions start at 8:30am and ends at 3:30pm.**

**Deadline for application submission is on *Monday November 9th, 2020.***

For Official Use only

Comments:

**Athlete Applicant Signature**

**National Federation Executive Signature**