



Team PNG

Athletes Selection Policy



PNG WEIGHTLIFTING FEDERATION

1. Introduction

1.1 Background –

The Papua New Guinea Olympic Committee (PNGOC) has developed this policy for the selection of athletes to represent PNG at respective Games from 2022 to 2024.

The (Games) being considered under this selection policy are:

- 2022 Commonwealth Games
- 2022 Pacific Mini-Games
- 2023 Pacific Games
- 2023 Commonwealth Youth Games
- 2024 Olympic Games

The PNGOC is recognised by the International Olympic Committee (IOC) as the National Olympic Committee for Papua New Guinea. The IOC is the supreme authority in all matters concerning the Olympic Games.

PNGOC is also recognised by the Commonwealth Games Federation (CGF) and the Pacific Games Council (PGC) as members of the respective bodies. The CGF is the supreme authority in all matters concerning the Commonwealth Games as is the PGC the supreme authority in all matters concerning the Pacific Games.

The PNGOC has the sole and exclusive authority to determine its representation at the Games.

The PNGOC wishes to promote awareness and clear understanding of the process for nomination of Athletes by the National Federations (NF) and selection by the PNGOC for Team PNG (the Team) to compete in the Games.

The NF and its athletes wish to have a clear understanding of the process for nomination and selection of Athletes for the Team, and has agreed to the terms and conditions of this Policy for that purpose.

This Policy sets out the application, nomination and selection process by which eligible Athletes may be considered for nomination by the NF, and selection by the PNGOC, for Team PNG.

This Policy also sets out the procedures that must be followed for any appeal against a decision by the NF regarding an Athlete's nomination or non-nomination or a decision by the PNGOC regarding an Athlete's selection or non-selection to the Team.

This policy is to be referred to in the nomination criteria to be adopted by each National Federation (NF) for all athletes wishing to be considered for nomination to Team PNG to compete in the Games.

1.2 Purpose –

For PNGOC to select a team that:

- Has high performing athletes to represent Team PNG at the Games.
- Has a high percentage of athletes meeting the Performance Standards.
- Achieves the targets set out by PNGOC for the respective games.

2. Process

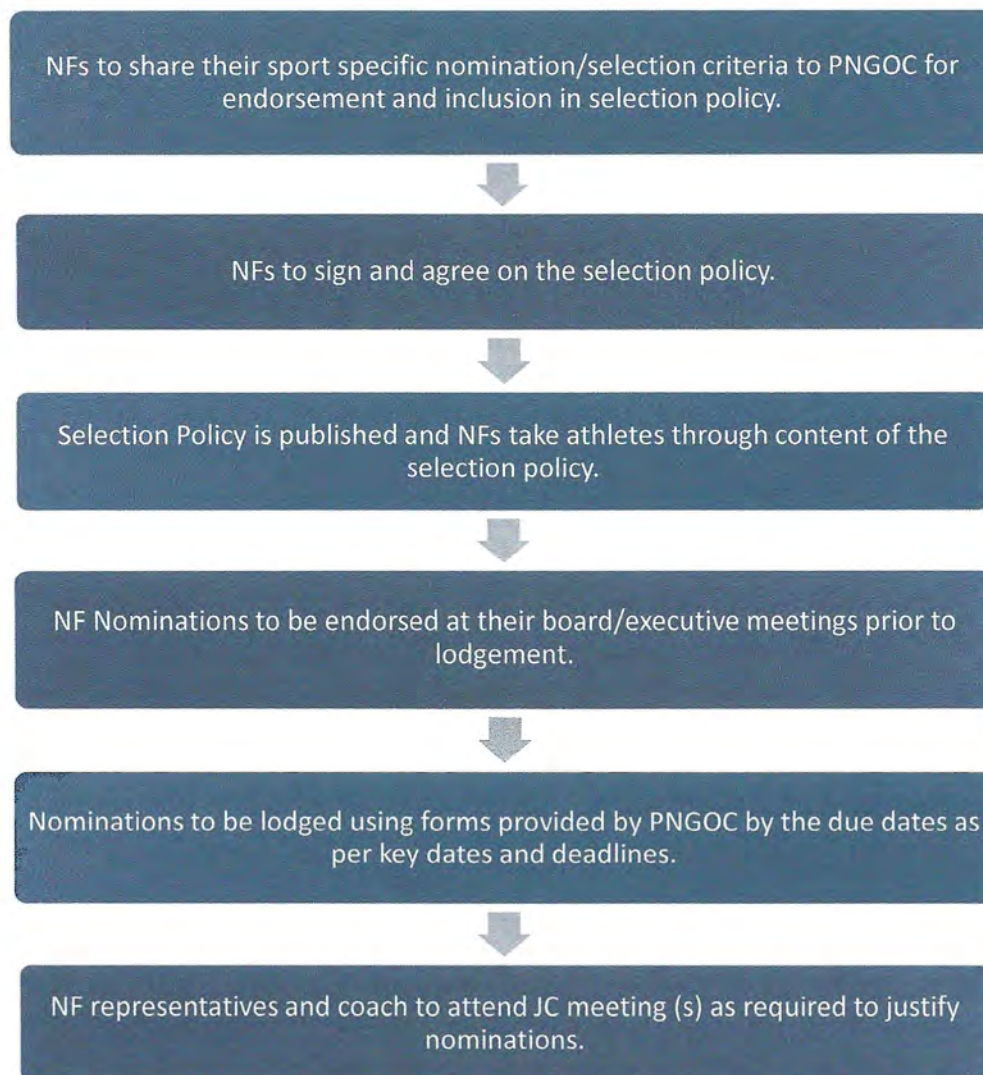
This policy has been adopted by the PNG Olympic Committee.

NFs must nominate athletes in the sport for selection for Team PNG for the Games, by the due dates.

The Justification Committee (JC) of the PNGOC will review the nominations and make the final selection in line with this policy and the NF nomination/selection criteria.

2.1 Nomination Process – National Federations

The process for NFs to nominate athletes in their respective sports is as follows



A National Federation must not represent that a nomination of a candidate guarantees or secures selection to the sport or within the team.

It is recommended that the NF nomination/selection panel includes independent representation and that one position is given to the Head Coach.

2.2 Selection Process – Justification Committee

The JC has the task of ensuring the nominated candidates become the right team or individual to fulfil the PNGOC overall vision. This means selecting the right people that give Team PNG the best chance of achieving our Games goals. The JC may request additional advice from external specialists where required.

Any discretion used by JC must be transparent, accountable, and logical and acted upon in good faith.

Outcomes of all selection processes will be communicated both verbally and in writing by the JC to the NF.

2.3 General Criteria & Eligibility (For all Athletes)

- 2.3.1 Must be a Papua New Guinean Citizen with a valid Papua New Guinea (PNG) passport (with a six-month minimum expiry as at the conclusion of the Games);
- 2.3.2 Must meet all eligibility requirements set out in the International Olympic Committee Charter, Commonwealth Games Federation Charter, Pacific Games Charter and rules applicable to the respective Games, this policy, and any requirements of the sport.
- 2.3.3 Must complete all required documentation correctly and in a timely manner.
- 2.3.4 Must adhere in full to all general Team PNG policy, athlete's agreement and PNGOC policy including satisfactorily meeting event requirements. This will include completion of all medical, fitness and other testing protocols not yet conducted or still underway at time of squad selection. *The candidate will be notified in writing of areas they need to address if non-compliant. If after such notification the candidate still fails to meet criteria, the candidate can be removed from consideration of selection.*
- 2.3.5 Must be fully vaccinated under the existing COVID19 environment, or where the athlete is exempt, proof of certificate of exemption from an approved authority. The Papua New Guinea Olympic Committee retains the right to independently verify authenticity of all certificates provided by the athlete(s).
- 2.3.6 Willingness to engage in and encourage participation in PNGOC and Team PNG activities and programs.
- 2.3.7 Must agree to the terms of this Selection Policy.
- 2.3.8 Must sign and agree to the terms of the athlete agreement before and during the Games.
- 2.3.9 Have achieved Performance Standards (as set out in clause 3.1) within the timeframe as pointed out for the respective Games.

2.4 Physical Fitness, Injury Monitoring and Wellbeing –

All nominated athletes must submit to medical and physical assessments and examinations as follows

- 2.4.1 All athletes must report any injury, medical condition or medication / treatment of an injury or medical condition to the National Head Coach & Team PNG appointed medical personnel, where it has an impact on the athletes' ongoing training plan.
- 2.4.2 All athletes must comply with set physical and medical assessments as set out by PNGOC and JC requirements.

- 2.4.3** All athletes must provide any information required by PNGOC in relation to a medical or physical assessment, injury or medical condition.

2.5 Exclusions –

A nominated athlete can NOT be considered for selection for any sport in the following circumstances. If the candidate:

- 2.5.1** is currently serving a ban imposed by the National Federation; or
- 2.5.2** is currently serving a ban imposed by any Regional or International Federation; or
- 2.5.3** has been involved in activity that contradicts the policies and laws of the World Anti-Doping Authority (WADA), PNG Sport Anti-Doping Organisation (PNGSADO) and the event's governing body anti-doping policies and laws; and is not currently serving a ban for anti-doping related offences.
- 2.5.4** is convicted of a criminal offence.
- 2.5.5** is not fully vaccinated under the existing COVID19 environment or is unable to provide a satisfactory proof of exemption certificate from an approved authority.

A nominated athlete May be excluded from consideration if the candidate:

- 2.5.6** breaches general team policy such as behaviour or conduct bringing sport in PNG and Team PNG into disrepute;
- 2.5.7** does any action that is contrary, inconsistent with or opposing to the brand, values, best interest or image of PNGOC and Team PNG;
- 2.5.8** does not comply with all agreements such as General Team Policy including areas such as gambling policy, social media guidelines and formal guidelines set by PNGOC, Team PNG Chef de Mission and Management.

2.6 Consideration of Extenuating Situations –

In the case of illness or other reasonable circumstances that prevent the candidate from fulfilling their requirements, written notification to the JC must be made prior to or within reasonable time of the failure to comply. This can include, but is not limited to, attendance at daily training, camps, testing, international and domestic events, training and development and other key events as per calendar. With relevance to an overseas based athlete, a case by case decision will be made by the JC in consultation with the Chef de Mission if needed.

3. Selection Overview Sport Specific requirements

3.1 Performance Standards

The following Performance Standards shall be used as the main criteria for selection of athletes for the various Games. It shall however, be used in combination with PNGOC's *National Federation and Athlete tiering system policy* and other factors such as demonstrated improved performances and results at key international competitions, athlete commitment to training and preparation for games and no disciplinary issues.

Performance history shall also be from various international and national events from the last twenty-four months prior to the commencement of the respective games.

3.1.1 2022 Pacific Mini-Games

3.1.1.1 All individual athletes and team events eligible for the Pacific Mini-Games shall be ranked in the top 5 in Oceania, top 3 in the Pacific and top 2 nationally to be considered for final selection.

3.1.1.2 Must be capable of achieving a medal placing in their respective event.

3.1.2 2022 Commonwealth Games

3.1.2.1 All individual athletes and team events eligible for the Commonwealth Games shall be ranked in the top 3 in the Oceania region and 1st nationally (applicable to individual athletes only) to be considered for final selection.

3.1.2.2 Must be capable of achieving a placing in the top third in their respective event.

3.1.2.3 All individual athletes eligible for the Open Athlete Allocation Quota shall be subject to PNG Olympic Committee's "*National Federation and Athlete tiering system policy*". Team PNG has been allocated thirty-one (31) Open Athlete Allocation Quota's.

3.1.3 2023 Pacific Games

3.1.3.1 All individual athletes and team events eligible for the Pacific Games shall be ranked in the top 5 in Oceania, top 3 in the Pacific and top 2 nationally to be considered for final selection.

3.1.3.2 Must be capable of achieving a medal placing in their respective event.

3.1.4 2024 Olympic Games

3.1.4.1 All individual athletes and team events eligible for the Olympic Games shall be ranked in the top 3 in Oceania, 1st in the Pacific and nationally to be considered for final selection.

3.1.4.2 Must be capable of achieving a placing in the top half in their respective event.

¹Team Events are events that feature a team of individual athletes e.g. 100m Relay, Tennis Doubles, Lawn Bowls Fours.

3.2 Events / Competitions & Fitness, Physiological criteria (Elite focus) –

The following criteria will be used as a part of the JC review process for all athletes for Team PNG.

3.2.1 Training & Competition Plan

Each National Head Coach has submitted a training and competition plan. Attendance and ongoing commitment to this plan is vital for inclusion in selections for the final team. Attendance records for training and activities will be recorded and submitted to JC.

3.2.2 Sport Specific Criteria

PNGOC recommends that NFs provide information on the following to support the selection of athletes for Team PNG:

- Previous international and national performances
- Current international and national performances
- Current level of skill and physical fitness (sport specific requirements attached)
- Current or potential injury or condition that will impair, inhibit or prevent the participant's performance to the expected elite level
- Composition and balance of the team based on position coverage (where applicable)
- Which competitions and/or trials where selections will be made
- Period of when selections will be done
- How the NF has communicated the selection criteria to the athletes

3.2.3 Events

PNGOC recommends that selections be made through the following events as submitted by National Federation's:

- International events – Oceania/ Pacific Championships
- National Championships
- National League/ Provincial League
- HP Camps, selection camps and targeted training sessions
- Selection trials

3.3 Events/Competitions & Fitness, Physiological criteria (Best of Rest focus)

Should the full team requirements not be met from the standards and criteria set out in above, then a policy of Best of the Rest will apply. This is where PNGOC may decide to endorse athletes who have not met the standards and criteria laid out in this policy whose inclusion in Team PNG is within the allowable athlete allocation numbers and is in line with PNGOC's Games' goals.

This will be done on similar grounds as the criteria above, i.e.

- 3.3.1** Event and competition performance
- 3.3.2** Results from Specific Testing Data
- 3.3.3** Results from Medical and Physical assessments
- 3.3.4** Other factors considered by selectors to be important

3.3.5 PNGOC's NF and Athlete tiering system policy

Discretion will be used in this situation where the data and information is more objective and less definitive.

4. Appeal Process

An athlete who fails to be selected for the squad or final team pursuant to the criteria set out in this policy may appeal against omission.

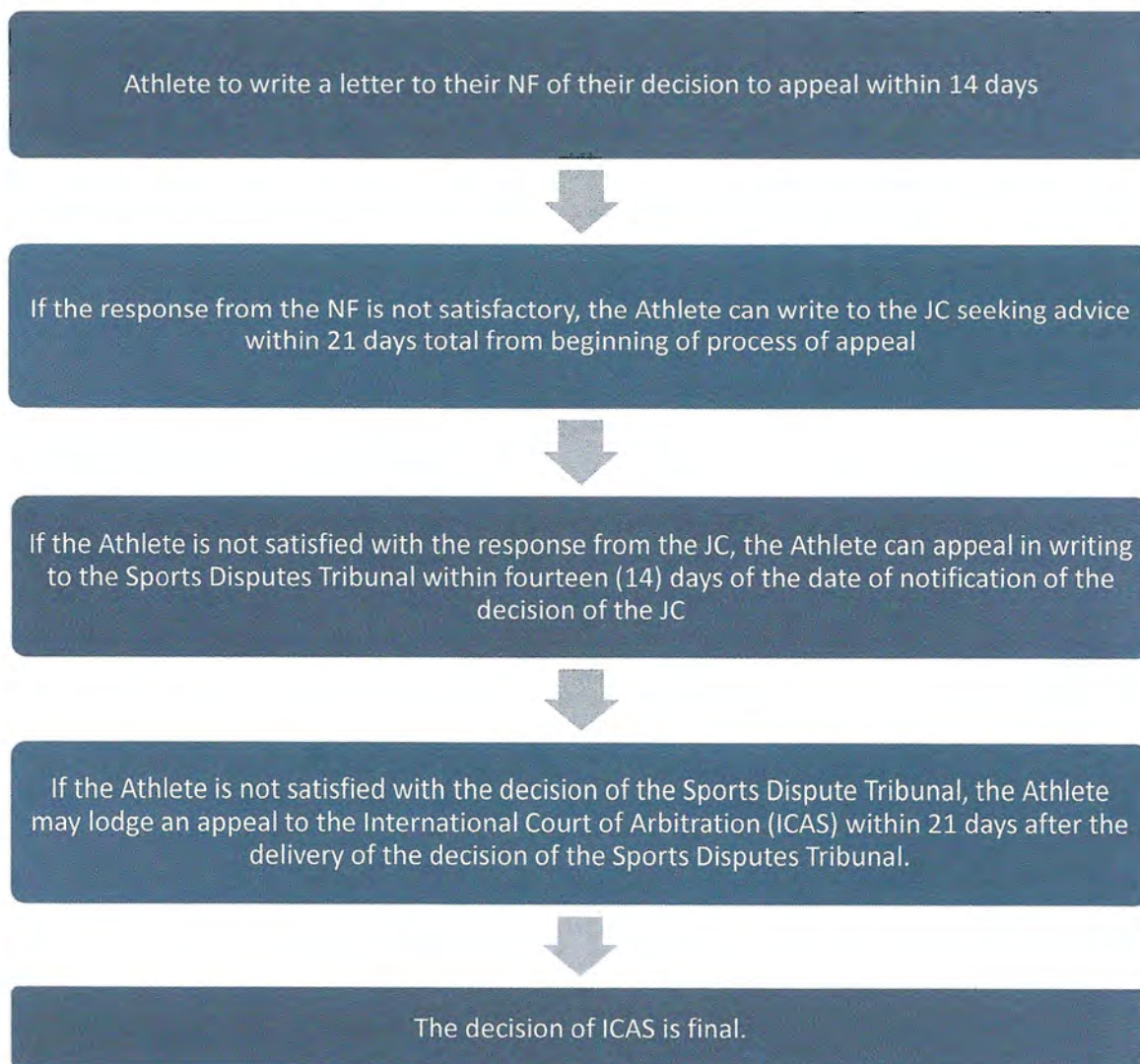
The only grounds for such an appeal are that the JC, in making their final decision, failed to comply with this policy.

There is no right to appeal where a sanction or ban exists in relation to WADA or International Federation.

Appeals – Appeals can be made through the standard sports appeal process, with ultimate arbitrator being the International Court of Arbitration (ICAS).

Scenario 1 - Athlete is not nominated by the NF

Process for an athlete to appeal if they haven't been nominated by the NF is as follows:



Scenario 2 - Athlete is excluded by the JC

Process for an athlete and/or the NF to appeal if the athlete is excluded by the JC is as follows:

If the Athlete and / NF is dissatisfied with the decisions of the Justification Committee, the Athlete and / or NF can appeal in writing to the Sports Disputes Tribunal within fourteen (14) days after the date of notification of the decision of the JC.



If the Athlete is dissatisfied with the decision of the Sports Dispute Tribunal, the Athlete may lodge an appeal to the International Court of Arbitration (ICAS) within 21 days after the delivery of decision.



The decision of ICAS is final.

The appeal process will not be extended beyond 21 days. A final decision is to be made in due course but no later than the due date for final nominations.

Indemnity: - It is a condition of nomination and participation in selection that PNGOC and its directors, officers, employees, servants, and agents be indemnified from and against all claims, demands, action, proceedings, costs and expenses including legal costs and liabilities to third parties arising out of incidents of any breach by the National Federation and/or athletes.

We, the undersigned are in agreement of this Selection Policy to select athletes to represent PNG at respective Games from 2021 to 2024.

Dated this 14th day of April, 2022.

Auvita Rapilla
Secretary General
PNG Olympic Committee



Name of NF Executive

SIR JOHN DAWANINCURU
PNG WEIGHTLIFTING FEDERATION INC

Signature of NF Executive



NF Executive Position

PRESIDENT

Name of Witness

TAMZIN WARDLEY

Signature of Witness



Address of Witness

P O Box 1249 Boroko

Team PNG - Performance Standards (Individual Sports)

Games				
Year	2022		2023	2024
Games	Pacific Mini Games	Commonwealth Games	Pacific Games	Olympic Games
Host City	Saipan	Birmingham	Honiara	Paris
Host Country	Northern Mariana Islands	England	Solomon Islands	France
Date	June 17-25	July 27 - Aug 7	Nov 19 - Dec 2	July 26-Aug 11
Oceania	Top 5	Top 3	Top 5	Top 3
Pacific	Top 3		Top 3	1st
National	Top 2	1st	Top 2	1st
Selection Policy Criteria	<ul style="list-style-type: none"> • Demonstrated improved performances and results at key international competitions over the past 24 months. Includes improved performances from Pacific Games 2019 and Pacific Mini Games 2017. • Ranking in the National (Top 2) /Pacific (Top 3) /Oceania (Top 5) • Is capable of achieving a medal placing in their respective event and/or team event. • Commitment to training and preparation for the Games • No disciplinary issues 	<ul style="list-style-type: none"> • Demonstrated improved performances and results at key international competitions over the past 24 months. Includes improved performances from Pacific Games 2019. • Ranking in the National (Number 1 ranked)/Oceania (Top 3) • Is capable of achieving a top 15 placing in their respective event and top 10 in team event. • Commitment to training and preparation for the Games • No disciplinary issues 	<ul style="list-style-type: none"> • Demonstrated improved performances and results at key international competitions over the past 24 months. Includes improved performances from Pacific Games 2019. • Ranking in the National (Number 1 ranked)/Oceania (Top 5) • Is capable of achieving a medal placing in their respective event and/or team event. • Commitment to training and preparation for the Games • No disciplinary issues 	<ul style="list-style-type: none"> • Demonstrated improved performances and results at key international competitions over the past 24 months. • Ranking in the National (Number 1 ranked)/Pacific (Number 1)/Oceania (Top 3) • Is capable of achieving a top 20 placing in their respective event and/or team event. • Commitment to training and preparation for the Games • No disciplinary issues

Annexures:

1. PNG Weightlifting Federation Selection Policy
2. PGC Charter –
 - a. Article 25 - Athlete Eligibility
 - b. Regulation 5 – Maximum of 8 players, with no more than 5 of the same sex as per PGA
 - c. Regulation 6 – Regulations relating to Boxing
3. Athlete Allocation System CWG – Max 14 athletes per CGA, Max 8 Men and 6 Women, Max 1 Athlete per CGA per event
4. Olympic Games – Paris2024
 - a. Qualification System



**NATIONAL TEAM SELECTION
POLICY (AND STANDARDS)
2020-2024**

Document Control

Created by	Iwila Jacobs	2019
Amended	Jeffrey Robby	16/3/22
Approved	Executive Committee	18/3/22

PAPUA NEW GUINEA WEIGHTLIFTING FEDERATION INC.

National Team Athlete – Selection Policy (and Standards)

Introduction

1. This National Team Athlete Selection Policy has been approved by the Papua New Guinea Weightlifting Federation Inc (PNGWF) and agreed to by the PNG Olympic Committee (PNGOC). It provides details on the process by which PNGWF will arrive at athlete nominations, which will be submitted to the PNGOC for their justification process, for final selection to Team PNG for International Events. Achievement by an athlete, of individual selection standards, detailed in this document, is therefore the first step by which nomination can be considered. The final decision in selection to the PNG Weightlifting Team and Team PNG sits with the PNGOC.
2. This policy applies to athlete nominations to PNGOC for the following Games:
 - a. Pacific Mini Games, including any Youth events
 - b. Pacific Games
 - c. Commonwealth Games, including Youth Games
 - d. Olympic Games, including Youth Games
3. This policy also applies for Games outside of the PNGOC responsibilities, including Oceania Championships, World Championships, and any other IWF (or OWF) approved competition.
4. PNGWF will nominate only those athletes that have qualified under the Weightlifting Specific Selection Standards stated below, and the PNGOC's Selection Policies that should be read in conjunction with these Standards.
5. Entry numbers per event are in accordance with International Weightlifting Federation (IWF) approved bodyweight categories and the number of entrants set by specific Games organisers.

PNG Olympic Committee General Selection Policies

1. PNGOC selects a Team that will perform with distinction at targeted events achieving high standards and maximising chances of success.
2. The PNGWF's Selection Policy is consistent with this aim.

Athlete Eligibility

1. The eligibility criteria set by PNGOC, must be met by all nominees (See PNGOC Athlete Selection Policy).
2. Where prospective Team Members do not automatically comply with the above, in terms of birth, or parent's birth, they will only be nominated for final selection if they receive prior approval from the PNGOC..

3. Athletes must be members of current financial members of PNGWF within the Selection Period. In practice this should mean the athlete is training and competing with a PNGWF recognised member club. Athletes that are based overseas may be recognised by the Executive Committee on a case by case basis.
4. Athletes must meet minimum age for participation as per the International Weightlifting Federation (IWF) Technical Rules.

Youth	13 – 17 years of age
Junior	15 – 20 years of age
Senior	15 years of age and over
Masters	35 years of age and over

Games Competition Format

1. New IWF approved bodyweight categories came into effect following the November 2018 World Championships for men and women in all International Weightlifting Competitions.
 - a. There are 20 bodyweight categories for senior & junior categories (10 Male & 10 Female) ..
 - b. There are 19 bodyweight categories for youth categories (9 Male and 10 Female).
 - c. There are 14 bodyweight categories at the Olympic level (7 Male and 7 Female).

d. Tables: IWF Approved Weight Categories & Minimum Qualifying Targets

MINIMUM QUALIFYING TOTALS FOR INTERNATIONAL EVENTS (Subject to slight adjustment from time to time of Recent Events from OWF, CWF, IWF Rankings)							
Male Bodyweight Categories				Female Bodyweight Categories			
Seniors and Juniors		Olympic	Youths	Seniors and Juniors		Olympic	Youths
CAT	MQT	CAT	CAT	CAT	MQT	CAT	CAT
55kg	140	61kg	49kg	45kg	100	49kg	40kg
61kg	194	67kg	55kg	49kg	115	55kg	45kg
67kg	233	73kg	61kg	55kg	151	59kg	49kg
73kg	255	81kg	67kg	59kg	170	64kg	55kg
81kg	280	96kg	73kg	64kg	178	76kg	59kg
89kg	295	109kg	81kg	71kg	185	87kg	64kg
96kg	293	+ 109kg	96kg	76kg	187	+ 87kg	71kg
102kg	290		102kg	81kg	187		76kg
109kg	289		+102kg	87kg	182		81kg
+ 109g	292			+ 87kg	192		+81kg

MEN: YOUTH QUALIFYING TOTALS FOR INTERNATIONAL EVENTS (Subject to slight adjustment from time to time of Recent Events from OWF, CWF, IWF Rankings)						
Bodyweight Category	1 st top 5 TOTAL	OWFC	CWFC	YCG	YOG	IWF YWC
49kg	109	109	140	140	151	151
55kg	140	140	180	180	187	187
61kg	185	185	205	205	214	214
67kg	205	205	210	210	215	215
73kg	215	215	220	220	238	238
81kg	221	221	230	230	239	239
89kg	235	235	238	238	245	245
96kg	240	240	235	235	239	239
102kg	231	231	228	228	232	232
+102KG	243	233	240	240	260	260
MEN: JUNIOR QUALIFYING TOTALS FOR INTERNATIONAL EVENTS (Subject to slight adjustment from time to time of Recent Events from OWF, CWF, IWF Rankings)						
Bodyweight Category	1 st top 5 TOTAL	OWFC	CWFC	IWF JWC		
55kg	120	120	202	223		
61kg	187	187	230	257		
67kg	226	226	240	274		
73kg	239	239	263	287		
81kg	272	272	281	307		
89kg	285	285	291	316		
96kg	284	284	295	325		
102kg	283	283	288	317		
109kg	270	270	290	293		
+ 109kg	284	284	308	331		
MEN: SENIOR QUALIFYING TOTALS FOR INTERNATIONAL EVENTS (Subject to slight adjustment from time to time of Recent Events from OWF, CWF, IWF Rankings)						
Bodyweight Category	PMG	PG	OWFC	CWFC	IWF WC	OLYMPIC GAMES
55kg	140	140	140	209	240	240
61kg	194	194	194	234	275	275
67kg	233	233	233	256	310	310
73kg	255	255	255	273	330	330
81kg	280	280	280	286	340	340
89kg	295	295	295	295	361	361
96kg	293	293	293	300	370	370
102kg	290	290	290	292	378	378
109kg	289	289	289	303	385	385

+ 109kg	292	292	292	314	396	396
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WOMEN: YOUTH QUALIFYING TOTALS FOR INTERNATIONAL EVENTS (Subject to slight adjustment from time to time of Recent Events from OWF, CWF, IWF Rankings)						
Bodyweight Category	1 st top 5 TOTAL	OWFC	CWFC	YCG	YOG	IWF YWC
40kg	48	48	50	50	53	53
45kg	70	70	75	75	89	89
49kg	100	100	105	105	116	116
55kg	110	110	121	121	154	154
59kg	121	133	141	141	159	159
64kg	145	145	151	151	157	157
71kg	150	150	157	157	163	163
76kg	145	145	149	149	154	154
81kg	130	130	131	131	133	133
+ 81kg	153	153	157	157	163	163
WOMEN: JUNIOR QUALIFYING TOTALS FOR INTERNATIONAL EVENTS (Subject to slight adjustment from time to time of Recent Events from OWF, CWF, IWF Rankings)						
Bodyweight Category	1 st top 5 TOTAL	OWFC	CWFC	IWF WC		
45kg	90	90	124	137		
49kg	106	106	137	159		
55kg	138	138	163	176		
59kg	161	161	166	180		
64kg	172	172	179	192		
71kg	181	181	187	200		
76kg	183	183	180	204		
81kg	174	174	180	196		
87kg	170	170	169	196		
+ 87kg	182	182	176	202		
WOMEN: SENIOR QUALIFYING TOTALS FOR INTERNATIONAL EVENTS (Subject to slight adjustment from time to time of Recent Events from OWF, CWF, IWF Rankings)						
Bodyweight Category	PMG	PG	OWFC	CWFC	IWF WC	OLYMPIC GAMES
45kg	100	100	100	126	147	147
49kg	115	115	115	141	170	170
55kg	151	151	151	165	193	193
59kg	170	170	170	174	205	205

64kg	178	178	178	185	212	212
71kg	185	185	185	189	224	224
76kg	187	187	187	183	233	233
81kg	187	187	187	184	223	223
87kg	182	182	182	178	238	238
+ 87kg	190	190	192	185	243	243

Medals:

1. There is one (1) medal opportunity available for Commonwealth Games, World Championships, and Olympic Games.
2. There are three (3) medal opportunities available for Pacific Games, Pacific Mini Games, and Oceania and Commonwealth Championships; One for the Snatch, One for the Clean and Jerk, and One for Total of the two lifts.

Sport Specific Selection Standards

1. Athletes must adhere to agreed standards of behaviour and discipline detailed within PNGWF Squad Policies.
2. Selection period for each Event will be 12 months prior to athlete nomination date unless the Event sets its own qualification period, such as the Olympic Games.
3. Minimum Qualifying Totals (MQT) as per tables above.
4. Athletes are required to lift qualifying totals in their respective weight categories on two occasions, one of which must be within 12 months of the Games. The lifts can be made at any of the following Events:
 - Pacific Email Club Competitions
 - Pacific Cup Email Competition
 - International World Club Email Competition
 - Oceania Senior, Junior, and Youth Championships
 - Commonwealth Senior, Junior, and Youth Championships
 - IWF Junior or Youth World Championships
 - Youth Olympic Games
 - PNGWF National Senior, Junior, and Youth Championships
 - PNG Games

Plus – On exception basis - outside competition at PNGWF Talent Identification Programs
5. Participation at PNGWF National Championships is mandatory if held within 12 months of Games.

6. In order to maximise performance, PNGWF reserves the right to nominate two athletes in a specific weight category, if Games entry rules allow, which may be at the expense of a qualified athlete in another category.

Other Factors

1. Athletes will have to undertake regular Health and Fitness checks during the selection period and prior to targeted Events.
2. Athletes will be expected to compete at the Events in the weight categories at which they achieved the Selection Standard and they were selected.
3. After meeting the MQT at a specific weight category, an athlete may prepare and compete at a different weight category during the remainder of the Selection Period, if it is deemed that it may enhance performance at targeted Events.
4. All athletes will be expected to undergo regular Drug Testing in line with National Squad and PNGWF Competition requirements and any Games specific requirements

Selection Process

1. The National Coach is responsible for the selection of athletes to each Event. This selection is reviewed and endorsed by the Executive Committee of the PNGWF. [PNGWLF notes that following the next AGM a selection panel may be created. This panel to consist of three (3) persons including the National coach, technical rep, and PNGWLF EC rep].
2. PNGWF will send their Final Nomination to PNGOC by nominated deadlines as set by the PNGOC.
3. Final Section to the Events is dependent on receipt of relevant information required by PNGOC Justification Committee such as completion of the target Events Eligibility and other requirements.

De-Selection/Anti-Doping

1. Athletes suspended by PNGWF as a result of ongoing or concluded Anti-Doping violation allegations will not be considered for selection, and if previously selected will be De-Selected from the targeted Event.
2. Athletes who do not adhere to the Drug Testing requirements of the National Squad or PNGOC will be dropped from targeted Event.
3. Athletes in breach of Team PNG and PNGWF Policies, Code of Conduct and Team Agreement may be de-selected.

Form and Fitness issues/Injury Management

1. Injury Management – Where form and fitness issues are identified at or after selection, a sport specific fitness test by PNGWF and the High Performance Centre may be used to determine whether the athlete is capable of performing to the required level for the coming Event. The format will be determined by

the PNGWF/Team PNG after discussion with PNG Weightlifting Team Management. This will be specific to weightlifting and the athletes condition and may include input from Team PNG Medical Staff. Any selection or de-selection following such a test, will be FINAL.

2. Where an athlete is unable to make weight safely and where any rapid weight loss may adversely affect performance, the PNGWF may immediately inform the Event Competition Secretary their proposal to enter the athlete in the heavier category. The athlete may be selected for a higher weight category, should Team PNG agree that the athlete has met the standard of higher weight category and a place is available.

Appeal Process

1. PNGWF will notify all potential nominees in writing of their selection (within 7 days of advice from PNGOC Justification Committee). This notification will be made public to all athletes competing for selection. Athletes that are not selected may appeal against their non-selection.
2. An appeal process against non-nomination to Team PNG by PNGWF is entirely a matter of the athlete and PNGWF. This should be held in accordance with PNGWF's own appeal process (see below), but taking into consideration only the Team PNG Selection Policy and agreed sport specific selections standards and conditions.
3. A appeal must be a written appeal (in the form of a letter or email) and must include the grounds on which the appeal is being made. The appeal must be received by the Secretary of PNGWF within 14 days of date of selection notification.
4. Members of the PNGWF Appeals Committee will include three members of the PNGWF Executive, (for this purpose endorsement of the selection made by the Head Coach is not deemed a conflict) all of whom were not involved in the earlier decision. Any appeal will be considered in good time (usually 5 working days) and with athletes informed of the outcome.
5. If the athlete is not satisfied with the response from PNGWF Executive the athlete can write within 21 days (from the date of notification) to the PNGOC Justification Committee seeking advise. If an appeal is submitted to PNGOC by PNGWF or an athlete, a PNGOC Appeal Panel will consider the appeal as per their selection and appeal policy.
6. PNGWF and athletes have a right of appeal to the Disputes Tribunal (within 14 days of Justification Committee determination of appeal) in the final instance.

Appointment of Team Staff

Team Management and Coaching Staff will be appointed by PNGWF Executive Committee and nominated to the PNGOC with formal Justification and Profiles.

Communication of Policy

All athletes and member clubs of PNGWLF should have access to this policy. It is a requirement of membership that athletes are educated on the policy so that they understand the standards required to be met.

ARTICLE 25
Eligibility

1. An athlete to be eligible to compete in the Pacific Games or Pacific Mini Games shall:

- (a) Complete all entry and other applicable contractual documentation.
- (b) Not be currently under disqualification or suspension by the Council, or their respective PGA or International Federation or under the World Anti Doping

Code.

- (c) Comply with:
 - (i) The applicable rules and regulations of the Council and this Constitution
 - (ii) The applicable rules and regulations of the relevant International Federations subject to the provisions of this Charter
 - (iii) The provisions of the World Anti Doping Code.
- (d) Meet the following citizenship and residency conditions for inclusion in a team selected by the PGA to represent its Country/Territory:
 - (i) Be a citizen of the country/territory the athlete is to represent at the Games and be able to demonstrate residency in that country/territory.

- (ii) For the purposes of this clause:

“citizen” means the holder of a current valid and applicable passport of the country/territory the athlete represents.

“applicable passport” for countries/territories is as follows:

American Samoa PGA – USA Passport
Australia PGA (Associate member) – Australian Passport
Cook Islands PGA – New Zealand Passport
Fiji PGA – Fiji Passport
Federated States of Micronesia PGA – FSM Passport
French Polynesia PGA – France Passport
Guam PGA – USA Passport
Kiribati PGA – Kiribati Passport
Marshall Islands PGA – Marshall Islands Passport
Nauru PGA – Nauru Passport
New Caledonia PGA – France Passport
New Zealand PGA (Associate member) – New Zealand Passport
Niue PGA – New Zealand Passport
Norfolk Island PGA – Australian Passport
Northern Mariana Islands PGA – USA Passport
Palau PGA – Palau Passport

Papua New Guinea PGA – PNG Passport
Samoa PGA – Samoa Passport
Solomon Islands PGA – Solomon Islands Passport
Tonga PGA – Tonga Passport
Tokelau PGA – New Zealand Passport
Tuvalu PGA – Tuvalu Passport
Vanuatu PGA – Vanuatu Passport
Wallis and Futuna PGA – France Passport

“residency” means that the athlete shall be a citizen of the country/territory the athlete represents and have resided for not less than five years (cumulatively, whether consecutively or not) at any time in that country/territory of the PGA.

For the avoidance of doubt the temporary absence of an athlete from the country/territory of their citizenship for purposes such as education and sports training, military service and health care and other legitimate absences of a like kind shall be considered as residency.

- (iii) The Executive Board shall have the discretion to waive the provisions of sub-paragraphs (d) (i)-(ii) above. These discretionary powers shall include, but are not limited to, utilising the prevailing eligibility rules of an International Federation where the following conditions are satisfied by the applicant International Federation no later than fifteen months prior to the Pacific Games:
- (a) The Pacific Games event will be utilised as a qualification pathway event to World Championship, or Olympic Games, or Commonwealth Games events and thus limit the requirement for duplicate events within the Pacific region; and/or
 - (b) The Pacific Games event will provide participants with international ranking points to facilitate their further participation in international events; and
 - (c) The Pacific Games event will receive additional resources or assistance from the applicant International Federation beyond what is required under the Charter, including assistance with monitoring eligibility; and
 - (d) The adoption of the International Federation’s eligibility rules will not lead to distorted outcomes from the basic philosophy of the Pacific Games being facilitated for the benefit of the people of the Pacific.

In the event that a PGA believes the application of an International Federation’s eligibility rules leads to an unintended discriminatory outcome for one of its athletes, the PGA shall have a right of recourse to the Executive Board who shall have the power to resolve the matter in its discretion.

If applied, the International Federation’s eligibility rules shall be sent to all PGAs fifteen months prior to the Pacific Games.

2. It shall be the responsibility of the PGA to ensure that all competitors comply with this Constitution and its eligibility conditions. In satisfying the PGC requirements for entries of athletes it shall be a requirement that the PGA completes an Entry and Eligibility Conditions form, in the form contained in the regulations certifying that the competitor complies with this Article of the Constitution.
3. An athlete who has already competed in the Pacific Games or Pacific Mini Games for one PGA may represent another PGA at a future celebration of the Pacific Games provided that athlete complies with the provisions of this article and the approval of both PGAs.
4. A PGA shall be required to submit competitor entries by name at least 45 days prior to the commencement of the Games and each entry shall be accompanied by all necessary certification.
5. Late Entries by Name will not be accepted.
6. The OC shall be required to post, fax or email all entries by event, name and country on the official PGC website and to the PGAs, International Federations and Executive Board at the close of entries.
7. PGAs shall have 10 days thereafter to challenge to the Executive Board the eligibility of a competitor. A US\$50 bond must be posted by the challenging PGA to the PGC per challenge in order for it to proceed. The bond is refundable if the challenge is successful but is forfeited if it is unsuccessful. A PGA whose athlete is successfully challenged and is deemed ineligible to compete will be liable for a US\$100 penalty payable to the PGC at the Delegation Registration Meeting. If the penalty is unpaid, the PGA will not be able to compete in the sport in which the ineligible athlete was registered.
8. In the event of a challenge to an athlete's eligibility the Executive Board shall within 5 days refer the challenge to the Disputes Tribunal established by this Charter, for decision within a further 10 days from receipt of the last challenges. All Disputes Tribunal decisions should therefore be finalised at least 20 days prior to the commencement of the Games). The Disputes Tribunal's decision shall be final. No further challenges shall be considered thereafter.
9. In the event of a challenge to an athlete's eligibility, the burden of proof for residency shall rest with the sponsoring PGA rather than the challenging PGA. Documents proving residency must be submitted by the sponsoring PGA in the event of a challenge, and shall include where appropriate:
 - (a) School records certified by the school principal or the highest official of the relevant government ministry;
 - (b) Employment records certified by the employer or the highest official of the relevant government ministry for labour issues;
 - (c) Tax records;
 - (d) Official government birth or immigration records;
 - (e) Any other official government record which proves residence.

10. PGA delegation entries are required to be finalised (including satisfying all International Federation requirements), confirmed, and posted on the PGC and OC websites 20 days prior to the commencement of the Games.

24. WEIGHTLIFTING

MEN

Up to 55 kg
Up to 61 kg
Up to 67 kg
Up to 73 kg
Up to 81 kg
Up to 89 kg
Up to 96 kg
Up to 102kg
Up to 109kg
Over 109kg

WOMEN

Up to 45 kg
Up to 49 kg
Up to 55 kg
Up to 59 kg
Up to 64 kg
Up to 71 kg
Up to 76 kg
Up to 81kg
Up to 87kg
Over 87kg

WEIGHTLIFTING

Men: Maximum 10 competitors

Women: Maximum 10 competitors

Maximum 2 competitors in any 1 weight category